



Galway Get Together

Volume 3, Issue 57

July 1, 2014

A bi-monthly online newsletter promoting local resources and opportunities



Cliff's Produce, one of the vendors at the Galway Farmers Market, selling lettuces, broccoli, green onions and much more. The market opened June 27 with vendors selling fruits, vegetables, local meats, fresh flowers, herbs, baked goods, preserves, food vendors and live music. Closed for 4th of July holiday — open Thursday, July 3 instead.

A community service of the Galway Public Library, P.O. Box 207, Galway, NY 12074 Phone: 882-6385.

For Sale or Donation to Not-for-Profit Poole Melodigrand Spinnet Piano — 52 keys, S/N 178523. Asking \$500. You must pick up. Call 366-1010.

Yard Sale — July 4 and 5, 9am-3pm, 5857 Greens Corners Rd, Galway. Items include: furniture, firewood, books, quilting fabric, swing-away bike rack and assorted household items.

Help Wanted

Whalen's Horseradish — 1710 Route 29, Galway, is accepting applications for part time employment. Positions include kitchen support and retail. Call Tim Bibens for details at 587-6404.

Services Available

Summer Art Classes – For all ages in drawing and watercolor. Flexible schedule. Call Ralph Caparulo at 882-1790.

Bed & Breakfast — Aunt Matilda coming to visit? Send her to your local spare room at Wyndbourne B&B, Hermance Rd., Galway. Gracious accommodations in restored farmhouse, careful breakfasts, lovable dog. 882-1790.

Summer Pilates — The Capital District YMCA is again sponsoring Pilates for all levels. Classes will be held at the GEMS Building on East St., Galway, Mondays at 5:15pm, beginning July 14. Bring a yoga sticky mat, towel and water. Taught by ESA certified instructor Sharyn Kalinkewicz. Pilates is an exercise regimen which increases flexibility, balance and core strength. Contact Sharyn at 882-9520 for more information. Participants do NOT need to be members of the YMCA to attend.

Summer Camp Yogart at Mag's Studio — 1312 Sacandaga Rd., W. Charlton. Registrations now open for kids 8 -13 years. Offered July 14 -18, 9am—4pm. \$200/child per week; \$190 for second child with two sibling registrations. Includes an hour of youthful yoga, snack, two hours of fun art classes exploring different mediums, outdoor adventures, and wherever else the wind blows us! Bring bag lunch. Limited enrollment. Contact Maggie Schmidt at: mismagschmidt@gmail.com, or call 882-9632.

Healthy Strong and Fit Personal Training

— Patty Matthews, certified personal trainer, nutrition coach and aroma touch therapist. Outdoors: Aquatic aerobics, kayaking, stand up paddle boarding. Indoors: Nutritional counseling; also rehab and pain management. Meet other Galway women and have fun getting in shape! Call 641-8121 for free consultation.

Child Care —In my NYS registered family day care home for infants through age 13. I have 20+ years experience and a B.S. in Education. I provide age-appropriate activities, and most importantly, I offer your child loving care in a fun and safe environment. Call 882-5001 for information or interview.

Community Announcements

The Galway United Methodist Church Garage and Bake Sale — July 11 from 9-5pm and July 12 from 9am-3pm. Over 25 vendors will have items for sale at the church, located at the corner of Rte (Continued next column)

(continued from previous column) 147 and CR 45 in the Village of Galway. Items for sale include: household and sporting goods, toys, tools, clothes, electronics, small appliances, books, baby and children's items and much more. The public is welcome! Contact Sharyn Kalinkewicz at 882-9520 for information.

Galway PTSA Dance Registration will be held August 27, 5:30pm—7:30pm at the Joseph Henry Elementary School, during the Back to School BBQ. Classes will be offered Monday evenings, beginning September 8 for children four years old through 12th Grade who reside within the Galway Central School District. Reasonable rates. A fall/winter recital to be held December 13. Classes resume after Christmas vacation, on Monday evenings, ending with the spring concert in late May. Classes taught by Gretchen Salvione, who has 20 years dance teaching experience. For information, email: ptsa_dance_gymnastics@yahoo.com.

The Galway Get Together seeks to help build a more cohesive and conservation-minded community through local trade and networking. The Galway Public Library is not responsible for the outcome of any exchange.



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Send your news to: mcuffeperez@gmail.com

Community Announcements

S.O.S (Support Our Schools) Congratulates the Galway School District Class of 2014— S.O.S. was established three years ago to provide financial support to the school district for programs it could not support through its budget. S.O.S. is composed of parents and other interested community members who meet and work with the Galway School District's teachers and administrators to identify unmet academic, enrichment, and extra curricular programming needs throughout the school community. By identifying these needs, S.O.S. pairs the philanthropic interests and resources of individual and corporate donors with un-or under-funded projects proposed to support and enhance our students' educational experiences.

As the school year comes to a close, S.O.S. is poised to promote student effort and creativity by channeling financial support from potential donors to programs that bolster student endeavors. Thank you to all who donated to the S.O.S. fund during the 2013-2014 school year. S.O.S will continue to match generosity with need in the coming year. **To volunteer, donate or learn more about S.O.S., please visit www.galwaycsd.org/sos.cfm.**

Residents View Plans for Proposed Library — Community residents, including the Galway Town Supervisor, Galway Superintendent of Schools, Galway Village Mayor, as well as Assemblyman James Tedisco, gathered at the Town Hall recently to learn more about the proposed plans for the new Galway Public Library building, to be located on 13 acres already purchased on East Street, across the street from St. Mary's Church. Architects revealed the conceptualization of the building and grounds based upon input from the Galway community received during two previous public meetings.

Library (Continued)

The library's aim is to share the planning process for the new library with school district residents and to encourage everyone to visit the library to see the plans and to check the library web site for additional information: (www.galwaypubliclibrary.org). The community is an active participant in this exciting new venture.

Looking Ahead — Charlton Freehold Presbyterian Church will host their Annual Craft Fair on Saturday, September 13, 9am – 4pm. Anyone interested in joining us may call 982-5841 for more information.

Galway Seniors News

The next meeting of the Galway Seniors will be held July 17, 1pm, at the Galway Town Hall. A presentation will be made on Sanford Stud Farms.

Reservations are now being taken for the following bus trips:

Aug. 21—Sweet Dreams, Patsy Cline Tribute, the Log Cabin, Mass.; dinner of lobster, chicken and ribs.

Sept. 17—Lake George Dinner Theatre, dinner and play, *Lake Effect*.

Oct. 23 — Essex Steam Train and Riverboat. This is the only steam and riverboat connection in the country.

To register or for more information, call Doris Hersey at 882-9903.

Focus on Business

Whalen's Horseradish Products will open its new headquarters at 1710 Rt. 29, Galway in July. The crew is working to provide a pleasant environment for customers. The new location will include a retail center, "Whalen's Root Cellar," where all Whalen's products may be purchased, along with produce and items from local farms. Watch for the store opening!

Recipe Box

Garlic Scape Pesto

Recipe from: Green Mountain Garlic. See more recipes at: <http://www.greenmountaingarlic.com>.

Garlic scapes are now being harvested and are available at the Galway Farmer's Market. These mild, garlic-flavored shoots are clipped off hard-neck garlic in June to divert energy to the bulb. They make delicious pesto that keeps up to six days refrigerated or frozen for up to six months. The following recipe makes one cup of pesto:

10 garlic scapes, finely chopped
2 cups fresh basil
1 cup freshly grated Parmesan (to taste and texture)
1 cup of pine nuts, toasted if you like (or substitute walnuts or slivered almonds)
1 cup olive oil
Sea salt to taste

Place scapes, 1/3 cup of the cheese, nuts and half the olive oil in food processor. Blend ingredients, then add the rest of the oil and, if you want, more cheese. For a chunky pesto, blend briefly, for a smoother texture, blend longer. Season with salt. This is great tossed with linguine, spread on a sandwich or for dipping your favorite French bread.



*Fresh strawberries and snap peas from **My Other Garden**, offering farm grown fruits and vegetables at the corners of Cook Rd and Route 67 in Charlton — and at the **Galway Farmer's Market**. Visit the market's website for what's being harvested and for special offers at: www.galwayfarmersmarket.org/*