



# Galway Get Together

Volume 5 Issue 118  
January 15, 2017

*A bi-monthly online newsletter promoting local resources and opportunities.*

A community service of the Galway Public Library,  
P.O. Box 207, Galway, NY 12074 Phone: 882-6385.  
[www.galwaypubliclibrary.org](http://www.galwaypubliclibrary.org).



## **Pee Wee Wrestling**

program will be held on Mondays and Wednesdays from Monday, January 9 through end of March for boys and girls in Pre-K through 6th Grade. Beginner classes will be held from 6p.m. to 7 p.m.; advanced classes from 7 p.m. to 8 p.m. Classes will be held in the lower level wrestling gym at the Galway School. For further information contact Nick Dalessandro at 320-6932.

A special thank you goes out to all of our local businesses, community service organizations and Galway Central School District for their continued support and donations to the **Galway Youth Commission**. A special thank you also goes to members of the Galway Youth Commission Board as well as to our many program volunteers who contribute their time to serve our youth. Your dedication is greatly appreciated! With everyone's support and help, we are able to provide our youth with a variety of programs.

*The Galway Get Together seeks to help build a more cohesive and conservation minded community through local trade and networking. The Galway Public Library is not responsible for the outcome of any exchange.*

Whalen's "Root Cellar" is now operating under **new winter hours**. The Root Cellar will be open Thursday through Saturday from 10:00 to 6:00. There is a nice stock of West Wind Acres' meats on hand. And be sure to Fire Up, Eat Root! Whalen's Root Cellar is located at 1710 State Rte. 29 in Galway, NY (518) 587-6404 Here's an example of one of the recipes found on their website:  
<http://www.whalenshorseradish.com>

### **Low Carb Roll ups**

These can be eaten as a meal, or make a delicious hors d'oeuvre.

For each Low Carb Roll Up, use a one ounce slice of meat or cheese. Provolone or Swiss are great choices.

Ingredients:

- Roast Beef (one ounce slice) or Cheese Slice
  - Filling Suggestions:
- **Whalen's Horseradish or Horseradish Mayo**
- Crumbled Blue Cheese
- Red Onion
- Cole Slaw
- **Whalen's Hot Horseradish Pickles**
- Sun Dried Tomatoes
- Cream Cheese Drizzled with **Whalen's Russian Dressing**

Photo credit: Galway Lions Club Facebook page.

On Monday the 9th the Galway Lions Club presented our quarterly **Citizenship Awards** to three deserving students, Nick, Lindsay and Courtney. They exemplify the qualities of good citizenship in school and in their everyday lives. Congratulations to all three!

**Galway Seniors** meet 1st & 3rd Thursday each month at 1:00 at Galway Town Hall. Our next meeting is January 19th. Jennifer Harvey will be speaking on services provided by Eddy Alzheimer's Services. We plan on having a good time. Our membership is over 100 seniors.

*Please send GGT submissions in Times New Roman font as a paragraph with no formatting. Thank you!*





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**Send your news to: [galwaygettogether@gmail.com](mailto:galwaygettogether@gmail.com)**  
**Your community news, ads, announcements and photos are always welcome!**

Sun., Feb 5 Middle Grove United Methodist Church will have their annual **Souper Bowl of Caring Chili Fest** from 10:15 - 1pm. Chili is sold by the quart (\$6/qt) and is available for take out only. There will be a wide variety of chili available. The church is located at 429 Middle Grove Rd (corner of North Creek Rd & Middle Grove Rd). All proceeds from the Chili Fest will benefit the ECHO Food Pantry in Rock City Falls.

**Providential Yoga** -- Providence Town Hall Wednesday Evenings  
2 sessions: 6 to 7:15  
January 11,18,25, February 1 - Cost \$32  
March 1,8,15,22,29 - Cost \$40  
\$10 walk-ins

All levels are welcome to this Vinyasa Flow Class, it is designed for the beginning student to learn and grow -and for the more advance student to learn and grow even more! Bring yourself, a yoga mat, water if you want, small pillow to sit on, wear loose comfortable clothes and get ready to enjoy some evenings with a great, fun bunch of practitioners! Questions? Sign up...Contact me, Maggie Schmidt, at: [518-882-9632](tel:518-882-9632) or cell-[518-469-2517](tel:518-469-2517)  
[msmagschmidt@gmail.com](mailto:msmagschmidt@gmail.com)

**Come to Parallels** - New Worshiping Community on Saturday, January 21, 4pm. This month's theme is, "New Beginnings." If you have an account of such an event in your life, whether it be shedding an old or bad habit and adopting something new, starting a new job, a move, or a new experience, come share it. Contact Tim Coombs at [tcoombs@earthlink.com](mailto:tcoombs@earthlink.com). Tim can help coach a good story out of you!

Charlton Freehold Presbyterian Church, 768 Charlton Road, is beginning a community **Book Club** open to one and all! For more information contact the church at [518-399-4831](tel:518-399-4831) or [office@charltonfreehold.org](mailto:office@charltonfreehold.org).

**The Town Of Greenfield Historical Society** meeting is Tuesday, Jan. 17, 2017 at 7 p.m. at the Community Center in Greenfield Center. Program: Andrea Mann will speak about growing up in Greenfield and the children's book she wrote, "A Letter From Ginger Boy," which is the true story of a girl and her horse growing up in the Adirondack foothills, circa 1964. Everyone is welcome, admission is free, you don't have to be a member to attend and refreshments are served after all programs.

**The Galway Lioness Club** is putting together a **cookbook** and would love to have the community share in its creation. The cookbook will be a fundraiser for all the great work the Lionesses do in the community. Send your recipes, with a little history if you have it, to one of the following email addresses: [bren1956@nycap.rr.com](mailto:bren1956@nycap.rr.com), [carlou43@yahoo.com](mailto:carlou43@yahoo.com), or [colleen.moon@bunzlusa.com](mailto:colleen.moon@bunzlusa.com).

Mark your calendar for the Lioness Club's 7th Annual **Craft Sale** on April 1 from 10:00 to 3:00 in the Galway High School. Free admission.

Vendor applications are being accepted. Contact:  
Galway Lioness Club  
(518)301-9871  
[dawnw@nefj.com](mailto:dawnw@nefj.com)

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**The Galway Preservation Society's book** *Galway 1900-1949, A Photographic History of Life in the Town of Galway, Saratoga County, New York* is available for purchase for \$40 at the Galway branch of the Ballston Spa National Bank, at Galway and Providence Town Halls, and at Waterwheel Village.